

Case Discussion – Case Submission Form

Homeopath: Deb Snider

Case Discussion Date: 11/5/25

Basic Client Information

Age	43
Gender	Female
Chief Complaint(s)	Fibrocystic breasts
Last Homeopathic Prescription	Sulph LM1 once daily Tub LM5 once daily Apis LM3 twice daily
Date of Last Follow-up	10/20/25

Case Overview

⇒ **Current Case Overview/Status**

- I have not been able to help her fibrocystic breasts and she hasn't responded well to the remedies
- I think she might be aggravating

⇒ **My Questions for Moving Forward in this Case**

- I don't know what to do next

Current Client Pharmaceuticals & Supplements

Rx/Product	Reason	Yr/Date Started	Notes
Vit D	General health	2000	
B complex	Energy	2000	
Melatonin	Sleep	2024	

Client Health History

Age/Year	Diagnosis / Health Condition	Miasm/Nosode
12	Menses, heavy bleeding	Med, Carc
14	Contraceptive pill for menses – took for 10 years	
18	Ganglion cyst, left wrist	Med
College	Daily marijuana use	Med
21	Wart on left foot	Med
26	IVF for infertility	
27	First child born	
28	IVF for infertility	
30	Second child born	
35	Fibrocystic breast onset	Med
40	Sleep issues	

Family Health History

Relation	Diagnosis / Health Condition	Miasm/Nosode
Siblings	Eczema Asthma Allergies Ganglion cyst	Tub, Psor Tub Tub Med
Mom	Varicose veins Hemorrhoids Endometriosis Irregular periods Warts	Med Med Med Med, Carc Med
Dad	Eczema Asthma Allergies Recurring Strept infections	Tub, Psor Tub Tub Tub
Grandparents	Died age 87 COPD, smoker HTN Type 2 diabetes Hyperthyroidism Nasal polyps Hemorrhoids Recurring Strept infections Suicidal depression	 Tub Med Med Tub Syph

Miasmatic Indications in Client and Family

⇒ **Syllitic**

- Suicidal depression, grandparent

⇒ **Cancer**

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⇒ **Tubercular**

- Eczema, asthma, allergies, dad and siblings
- Recurring strept infections, dad and grandparent
- Hyperthyroid, grandparent

⇒ **Sycotic**

- Ganglion cyst, self and sibling
- Warts, self and mom
- Excessive pot use, self
- Fibrocystic breasts, self
- Heavy menses, self
- Varicose veins, mom
- Hemorrhoids, mom and grandparent
- Endometriosis, mom
- Nasal polyps, grandparent

⇒ **Psoric**

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Chief Complaints & Observations

⇒ **Fibrocystic breasts**

- Onset: age 35
- Etiology: unknown
- Endogenous OR Exogenous:
 - Iatrogenic (exogenous) from synthetic hormones, birth control and IVF
 - Inheritance (endogenous) – sycotic miasm, Med
- Nature: Both breasts have hard, lumpy areas, but left is worse, tender just before menstrual flow, they get very tender
- Modalities:
 - Better:
 - Worse: before menses
- Concomitants: PMS mood swings
- Frequency: constant but worse with PMS
- Intensity: pain level normally 3/10, before cycle 8/10
- Classification of Disease: Iatrogenic, acute miasmatic, inheritance
- Chronic Miasm/Nosode: Med
- Intercurrent: Carb-an or Hep
- Current state: she's not too bothered by them except before her cycle, she did not improve on the remedies and she became irritable and hurried

⇒ **My Observations**

- I feel like I'm not getting the whole story from her, like she's hiding something, otherwise friendly
- She is a little overweight, otherwise average size